2011 July 15th Invitational
Final Results

1500 Meters

1. 6:48.96***** - Margie Shaw Stoll
I'm reporting in from the World Masters Championships in Sacramento, CA. That's why I wasn't going to have a pacer. Instead I had competitors. Here's the problem though. I ran the 1500 meters...which, as you know, is 109 meters less than a mile. I know, Tom, that this is reason for disqualification, or at least an astericks, but I decided that I would look either very stupid and/or cocky if I kept on running past the finish line.
I'm hoping that you will do some math and be able to extrapolate a mile time from my 1500 time of 6:48.96. I'd do it but I would need a nap between physical and mental exertion.
. I came in third, but the experience would have been worth it even if I had come in last. Plus the weather is beautiful.

Mile

1. 4:00 – **Marilyn Markowski Furer**
I'm starting the day at 6 am by going to the Arlington Hts Racetrack to try out for "Who Wants to be a Millionaire". After that I will definitely break my last year's roller blading record or, perhaps, if there is a gathering at Lake Ellyn, I may join them instead. Is anybody walking around the Lake again this year?

I wound up rollerblading one mile in Mt. Prospect Il at 11:00 am, 82 degrees with low humidity. Perfect day. I stepped up my time from last year from 18 minutes to 4 minutes. Contrary to my physical condition last year, this year I am again at peak (but I held back a bit so I could show an improvement for next year).

2. 4:24 – Jim Lewis
Rode a short 5 mile bike ride for 22 minutes at 6:30pm in East Hampton, Long Island, after a 3 hour car ride from Manhattan. Congrats to all for logging in their mile today. And Happy 70th whenever it might occur for all our classmates.

3. 4:26 – Dave Petersen
Today, on the Pinellas County Trail: Temperature 90 degrees F (heat index alleged to be 101 degrees F); intermittent light showers (delightful); straight and level trail; 21 miles on the bicycle in 93 minutes, 11 seconds.

4. 4:42 – Teun Schoolwerth
I had a full day of work yesterday, so I rode my bike this morning. 14.25 miles in a big loop around Spofford Lake in 67 min. A hilly course with the last 3 miles up hill to home. Fortunately it is a beautiful day, about 80 degrees. Watch out for me next year when I return with my new knees.

5. 7:51 – Tom Chandler
My “story” is that I had been hoping to be able to break 8 minutes one more time once I hit 70 and then I could relax about the time in future years. I did a test run on 6/22 and ran 8:35 and hoped

with some diligent training I could do it. Then came the 7/2 to 7/10 trip to Cape Cod with my family and I ran only once and the humidity drained me. I got back to LA last Monday and did some “intervals” and then on Tuesday, slightly pulled a hamstring so I didn’t run until the big day, Friday morning, wrapping my hammie with an Ace bandage, hoping it wouldn’t interfere.

We had driven up to Carmel, CA Thursday to spend a day with my mother on the way to a wedding so I ran on the high school track in Carmel in overcast skies, with a temperature of about 59/60, cool and breezy enough for me to wear a sweatshirt. The track is about 200 feet above sea level, and there was no impeding humidity so none of the challenges so many of our classmates faced. I started out fast, knowing that was my only hope, and after ¼ was at 1:42, too fast as the legs were already heavy. Then at a lap and a half, the Ace bandage started to unravel and I felt like the Bert Lahr with straw flying everywhere. As it partially slid down to my shins, I was trying to decide if I should quit and start again but knew that I would never be able to do it so started trying to unravel it while running, thankfully with no observers to enjoy my little plight.

Although I only ran a 2:02 second quarter, I made the half mile I something like 3:43 and wondered if I could hold on, dragging as I was. My half mile on 7/11 was 2:14, so I wasn’t hopeful, but I hung on to hold to a little over 2 minutes for each of the last two laps lap to end up at 7:51, just off my time last year of 7:47. I was amazed what “will” can do, as Margie and our other XC runners will attest, and thrilled I managed to break 8. I did feel like Greta Andreeson (?), the Swiss runner who staggered toward the finish line in the ’83 LA Olympics after entering the Coliseum finishing the marathon, as my legs were wobbling through the last three laps. At our age, success is not losing any ground and I felt great that all of my physical complaints and symptoms of the last year were not pointing to immediate physical deterioration or collapse as I had expected.

6. 8:15 – John Staedke

As for me, I flunked Grit Over Age Improvement 101. In spite of a balmy 78 degrees, 90% humidity at 6:35am and haunting memories of George Deacon and C.A.R. Johnson urging me onward ("come on little sister"), my canter/lope/trot only netted 8:15 vs. 7:33 last year. I ran cold turkey last year, and decided to start training earlier this, so deduce my problem was over training. Next year I'll again roll off the couch and head to the track and expect to do better. Everyone participating in this esteemed event deserves congratulations for getting up and out. Thanks for providing the motivation. No doubt none of us (not at a Masters Track Meet) would be doing this without it.

7. 10:00 - Bruce Spencer

conditions: slight trailing wind,88 degrees, 74 % humidity. completed the mile in 10.0 minutes. Mutz inspired me. I'm going to Paris Monday. It should take about two hours because it"s near Terra Haute. I'll check out the left bank of the stream that passes nearby.

8. 10:00 – Roger Griffith

It’s great hearing from all my fellow old people. I’m happy for those of you without health issues. I finally did my mile today (notice I was foolish enough to wait until the Glenbard area posted heat and humidity warnings!). Due to joint and heart issues, I haven’t done any of my regular 3-mile jogs and 25-mile bicycle rides since last year, so I’m not in very good condition. Training for this event would only aggravate my joint problems (mainly: no cartilage left under left kneecap; minor tear of right Achilles tendon; right rotator cuff is torn a third of the way off the bone), so I decided to just did it cold. I only did one mile (preceded and followed by a half-mile warm-up and cool-down jog/walk). I was pleasantly surprised that I beat last year’s time with a 10:00 this year (although last year I did a longer jog plus a bike ride combination). I believe the heat and humidity were both in the mid 80’s this year. Sorry I didn’t make it to Lake Ellyn this year.

9. 10:30 – Helen Moran Lemal

Silver City, NM 6,300' above sea level. 8:00 am Sunny, wind: 8mph @ 340° , 22% humidity, Dew point 32°, Pressure: 30.08 , visibility 10 miles TIME: 10 min. 30 sec. Hardest 10 min. I've spent in a long time! I'm getting too old for this, and I'm not 70 yet either!! (though I will be in a couple of days) Tennis, even at high levels isn't as hard as straight running. I coughed for hours afterward. The tennis ball may not know how old I am (Martina Navratilova's quote) , but the asphalt certainly does! Way to go all you speedsters who are still running regularly and especially those of you who can still run 7 & 8 min miles!

10. 12:29 – Bill Maletich

Beautiful morning here in Tucson, Az. Temp 79, Humidity 19%. Walk early, beat the DRY HEAT coming later: 102. Time 12 minutes, 29 seconds. Still recovering from knee replacement surgery resulting from injury suffered in Nam. While enjoying the local culture at world famous Good Time G.I. Bar was knocked off my bar stool during a brawl and suffered a knee injury. It was determined by the VA to be a combat related injury and I was award a disability. Kidding aside, I wish to dedicate my record setting walk to our young men and women now serving our country.

11. 13:04 – Linnea Asplind Riley

Linnea Asplind Riley reporting in from Solana Beach, California (new home). Time 13 minutes and 4 seconds. Conditions; coastal overcast, street running early enough that cars not an issue. Body response: perplexed annoyance. Whenever I felt the complaints of the calves, etc. I just concentrated hard on Barb and Gary doing their mile in Paris. I had my own mental picture of them running through the 6th, through Luxembourg Gardens past the Apiary, past the petanque court, past the outdoor cafes and exiting the park to run down Rue de Seine with their mile ending exactly in front of Gerard Mulot bakery where they each ordered a pink personal box of the macaroons of their choice (I hope *someone* got some of the green pistache ones). I pictured them relishing the macaroons one by one, knowing that somehow, their efforts justified their rewards!

12. 13:10 – John Windeguth

From Frisco, Tx. 6:55am 84 deg, 88 heat index (18 straight days of 100 deg) ah summer in Tx -pugh!!! Finished my mile walk/run in 13:10 beating last year easily. New shoes with wings on them were the psychological difference. Changing from the neighborhood to a school track didin't hurt. Regards to all,

13. 13:26 – Dave McCollum

Report from coastal Connecticut. 75 degrees, high tide. Again this year, two miles walked, first with dog in 15:56, 8 stops, 1 clean up--a 20 second improvement over 2010. Second walk without dog in 13:26, a 21 second deterioration from last year. Final score--Dog 1, Dave 0. However, I have had a talk with the dog and he agrees to slack off next year to give a chance!

14. 14:00 – Mary Hanson

OK! Another year, another mile in 14 minutes, with the next few at a slower rate. I don't seem to improve, but probably I would not have done as well if we hadn't just finished a three-month competition here at "the home"* for which I walked almost every day with times turned in.

14. 14:00* – Janet Whittaker Rink
After catching up on all the testimonials and witty responses this morning, I am most impressed by your dedication to duty between 2 and 4 a.m. I can't imagine any event so pressing that I would devote myself so assiduously (unless one of my cats were lost).
I am also impressed by our classmate who did a step-aerobics class in the morning, took care of grandchildren in the afternoon, drank a glass of wine in the evening, THEN went to the high school class and walked. I did an aerobics/weights class in the morning, swam in the afternoon, and drank a beer in the evening. Then I read how fast everyone completed their mile or didn't. (Tales of joint problems or recently replaced joints make me grateful just to have uncomplaining joints.) Pam, I consider a 15-minute mile running not walking. (I did walk two miles on the 14th at my usual pace of about 30 minutes per mile, but I won't claim it this year as I did last year. Two years in a row of claiming a mile on the wrong day is beyond even my rebellious nature.) Thanks, Tom, for an entertaining interlude to a hot, muggy, Louisville July.
* 7/14

16. 14:09 – Bev Staedke
The good news is that Beverly (honorary class member) walked her mile in 14:09, a solid 40 second improvement over last year.

17. 14:17 - Jillayne Buettner Hollifield
Good morning all from the EST time zone! It's an absolutely glorious morning in NC with a 6:30 am temp of 71 degrees and low humidity (didn't catch exactly what it is on the news). Katie Kubota is still at the tractor spa so I actually had to do the mile on my own. Walked (as running is no longer an option) the mile with a bow in my mane (respects to Tom and to Marilyn) and the most slimming shorts I could find to cover my tail. Time: 14 minutes and 17 seconds--or about a little over twice the time it will take Margie. What can I say? And I'm not even 70 yet. Can't wait to hear from you all.

18. 14:28 - Gay Galle Danna
6:25 am New York City, Central Park Reservoir, AKA Jacqueline Kennedy Onassis Reservoir. It was 67 degrees and 68% humidity, sunny, slight breeze. My time is better than last year partly because I had a stop watch and I knew the exact mileage of the Reservoir track and I was determined to do better. We'll see what happens next year…. My training consisted of thinking about this event a few times during the year and several times this month, also walking my dog 3 to 4 miles a day. On the leash he walks pretty slow, lots to sniff, but off the leash, before 9:00 am or after 9:00 pm he runs around like crazy with his friends while I stand around with my dog owner friends. The real walk is around 4 – 5 in the afternoon somewhere in Central Park. I will continue with this rigorous training to see if I can keep up with this year's time.

19. 14:50 - Judy Wood Talley
Ok--as I sit here perspiring (I do think women DO sweat)--swear--oops sweating I have done two miles in 29 minutes--the one mile I did the fastest was 14:50--musch improved but no Margie I am sure. The 15 yr old niece led the way which I am sure helped! I will work on improvement as the son with the 3 month old baby thinks he wants 6 more! I keep telling him to

wait until he is two but you know kids! So I will need more stamina as the years go on--but then I am only 69 this year so I have time!

20. 15:00 – Pam Wildish Bosworth
As a first time participant, I walked (knees won't let me run anymore!) with my sister DeeJay (Glenbard class of '60) doing the mile on Ruth Bascom Bike Trail along the Willamette River in Eugene, OR. Our time was 15 minutes, from 10:50a.m. to 11:05a.m. PDT and the weather was gorgeous - 68 degrees and sunny. We dodged many bikers, runners and other walkers on the way and spotted a sheriff's patrol boat - heading for an abandoned blow-up raft in the river - no evidence of any survivors, or non-survivors! Have enjoyed hearing stories from other classmates across the world (have to include Barb & Gary in Paris) - lots of fun "runs" and many laughs! Look forward to next year and maybe I can do better??

21. 15:51 – Karen Murphy
It was a lovely walk around the track today at 9 am in Silver City, NM. The temp mid-70s, humidity 12%, elevation 6,060. I decided to walk the track this year instead of the neighborhood dog walk with lots of hills and stops for sniffing, well... everything. My time was 15 min. 51 seconds. That's probably 6 ***minutes*** faster than last year's dog walk. I surprised even myself! By the way, my pacer is my pacemaker. Home-grown lettuce is so much better than store-bought, even in Paris. Thanks, Tom, for reminding us that we're part of a bigger picture.

22. 16:30 - Eileen Dowiatt Quinn
Another hot July 15 in Elmhurst,IL. Unlike so many of our classmates who are scattered across the country and elsewhere, I find myself again at our local health club, hitting the treadmill with the view of the parking lot. Why couldn't this event be taking place when we would be in Italy in September so that I could come across as a world traveler! But to the point--I did a mile on the treadmill in sixteen and a half minutes--a fast walk--afraid the body parts would rebel at running.

23. 16:40 - Joy Aigner Baldwin
Steep, 7500 ft altitude warm, 25 min round trip 1.5 miles, and lots of tourists on the trail. Wayne and I are in our RV in Cortez CO (altitude 6200, temp in the high 80's) and we plan to visit Mesa Verde (altitude 7,500') today. My one mile hike will be down to see the ruins there, so will report back to you later. Cortez is close to the FOUR CORNERS AREA, with views from high plateaus and valleys. We plan to return to Buena Vista for some golf tomorrow, then home to Colorado Springs on Sunday. I'll send my picture via blackberry to Tom, who will have to forward it on to the participants for me.

24. 17:12 – Bonnie Sporka Shableski
Due to circumstances beyond my control, I could not time my first mile this year. One neighbor stopped me to chit chat, some guy stopped and asked for directions, another neighbor asked me to help her find her cell phone. What's up with that? They acted like I was taking a leisurely morning stroll. They didn't even notice that I was participating in a serious competition. By that time I needed a comfort break so I had to "run" to the porta potty between #12 and #13. (In case anyone has any doubt, #12 and #13 are NOT mile markers, just holes on the golf course.) So, this is for you Neal Whitecotton and Dick Cassidy, I timed the second mile at 17 minutes 12 seconds on a beautiful day in Suffolk, VA.

25. 17:15 – Cliff Argue

Following our three-times a week "senior cardio fitness" class at 7 a.m. this morning, I moved to the gym's indoor track for my mile. I could have gone outside, since for a change it is a fairly nice day here in the Seattle area, currently 63 with 78 per cent humidity, going to low 70's and showers later. However, I took the easy way out and used the indoor facility which takes the unusual amount of 18 and 1/2 laps to equal a mile. The head personal trainer told me he thinks they built the track and then had someone measure it, rather than designing it first. In any case, I can report a time of 17:15 for the one mile walk. Then I joined some of the guys from the class at a nearby Panera to put back on any calories burned up in the class and walk.

26. 19:00 – Cathy Ayers Allen

I've just come back from my "Glenbard mile" Last year it was hot and sticky and I opted for the indoor track at the rec center - boring.
This year I plotted a course through our hilly neighborhood in leafy Ann Arbor. Much better and great weather - 78 deg. and low humidity - perfect and unusual for a Michigan July. I was home in about 19 minutes - no stop watch or second hand so maybe it counts as rounded.

27. 19:09.77 – Dick Cassidy

I was going to make up some grueling weather and road conditions, but since John Windeguth (who lives about 10 miles north of me ~ who knew?) already reported in, I'm constrained by the truth, an uncomfortable feeling for a lawyer, I might add.

Left my home at the crack of 8:30 am and walked to the track. Did the mile. Walked home by 9:15. 86 degrees/feels like 89 on the way out with 55% humidity. 91 degrees/feels like 93 on the return with 42% humidity. Balancing the increasing temps against the decreasing humidity is a sciencey thing, not to my tastes. Projected to 102 with 31% humidity in the 2:00 to 5:00 range. When the outside air is hotter than body temps, I'm not amused. Somehow, the universe is cooling off through my body. Again, science stuff, a total mystery to me.

Anyhow, a blistering 19:09:77 this year, which equates to 3.13 miles per hour ~ seatbelt speeds. It's what I prefer to call a Three Minute Mile, though others disdainfully remind me it's really three miles per hour and more like a Twenty Minute Mile. Pish posh. Details. I can disdain their disdain, and I choose to believe that 50+ years of carbo loading since graduation has paid off one more time.

I'm working on my plan for next year already. It's clever and, I believe, scientifically accurate, but as I've already made clear, what would I know. I used to be 5' 6.5" tall. That's a fact. Now I measure out at 5' 5" tall, 65 inches instead of 66.5. Fact # 2. Thus, I'm now about 0.9775 % as tall as I was in our cap and gown daze. 0.9775 times 5280 feet gives me a mile distance for next year of right at 5,160 feet. I'm feeling good about myself already, the wind whistling through my fingers as I type.

28. 19:30 - Carole Pennino Bahnick

I did my walking indoors. At present my outside thermometer reads 94 degrees.
Well, the conditions were pretty good, air conditioned clubhouse and a treadmill. The distance, one mile. The competition...there wasn't any. My finish, first in a class of one. The time, about 19:30. Hope this doesn't go on a record to be shared with posterity.

29. 19:57 - Pat (Patti Jamieson) Mangas

To report in: one mile on the gym treadmill in 19 min. and 57 sec. If only I had realized I could slow up and do 19:59---arrrgghh! Lots slower than last year and preceded by 2 hours at the end of a hose, watering our (MG) trial garden, in the hot sun of course. Minimal tan, thanks to SPF 50, heck.

30. 20:00 - Dorothy Johnson Kuch
It is a gorgeous summer morning, so I headed over to nearby McCullom Park. Now a park is normally a happy place, filled with laughter and the smell of hamburgers grilling, soccer and baseball games, etc..Sometimes there are unusual sights to see there such as a Tai Chi class doing their statue-like poses or Japanese fan dancers practicing their routine in the parking lot. Today was different. As I parked my car, I heard a loud heated argument between a man and a woman. The man was in a rage and his ranting was punctuated by frequent use of the "F" word. As soon as I could be sure the situation would not escalate into physical violence and a 911 call would be needed, I headed out on the path for the next 20 minutes. Thanks, Tom, for getting this event together. Hope everyone has a great summer!

31. 20:40 – Dave Zinn
Hi all you 59ers. I took my two dogs to the Mountain View Park at 8:30 this morning. It is a beautiful day here, elevation 5100 feet, the temperature was 82 degrees, 26% RH with a slight breeze. We did a little stretching then set out on the paved pathways, to try a measured mile. I was unable to complete the mile without stopping midway. My time, including the stop, was 20 minutes 40 seconds. I have noticed that my times have gotten longer as the years have gone by.

32. 21:20 - KAY HALL KONOPKA
THIS MORNING IN WINFIELD ILLINOIS IT WAS 78 DEGREES WITH A 65 DEWPOINT, LIGHT WIND, AND SUNNY. I WALKED A MILE IN 21 MINUTES AND 20 SECONDS WITH MY NEW REPLACED KNEE. NEXT, JOE AND I ARE GOING TO CELEBRATE MY BROTHER BILL AND HIS WIFE, THEIR 50TH WEDDING ANNIVERSARY AT "DITKA'S" RESTAURANT IN OAKBROOK WITH MY 2 SONS AND THEIR FAMILIES. I'LL NEED TO WALK AT LEAST AN HOUR AFTERWARDS TO MAKE UP FOR WHAT I JUST DID THIS MORNING. GO CHICAGO BEARS!!

33. 24:10 – Linda Kettlestrings Molloy
I biked on this beautiful morning with sunny and 68 degree temp 5 miles around 4 Lakes in Lisle, IL 24.10 minutes. Would like to do the walk around Lake Ellen with Roger and anyone else, but have to work. See you again next year!

34. 26:00 - Ruth Kolberg Newton
Last year I joined the group – thanks for including the whole Class of 59 – and only rode my Schwin Airdyne a mile, but I thought I was ready for the big outdoors this year & I chose to walk with the aid of my trusty walker at the hottest time of the day, 3:30pm, 89 degrees, humidity about the same with the saving grace of about a 15mph breeze. Roads in rural west-central IL are not too smooth, so Bill and I went into Nauvoo to walk on the newer sidewalks around temple square and make enough laps to = a mile My

time was 26 min. Not the greatest time but when you figure in the Parkinson Disease(21 yrs), shoulder replacement, broken collar bone, back surgery it doesn't seem quite so bad. Tom, thanks for all you do for this day; reading all the reports and seeing how creative our classmates are is such fun! We celebrated our 50th Anniv this year with a big bash so I think I'll just slide into 70 very quiet.ly.

35. 30:00 - Pat Galligan Witt

I got so busy reading all the race emails I forgot to turn in my time. I walked a mile in the Armstrong Redwood Forest in northern California. My time, 30 minutes, was slow because I had to stop to look at the largest tree, the oldest tree, the tree with the most burls, etc. but I highly recommend the experience. Afterward we stopped at Korbel champagne tasting.

36. 48:00 – Bob Stoothoff

From Killington Vermont: I modified my one mile swim from last year to a half mile swim/half mile fast walk in the pool, for a total mile that was not effected by wind or heat. (It would have been in Beaufort SC where we live in the winter) This non sanctioned Olympic event is amusing to my fellow swimmers on the days I accomplish it as I work diligently to keep with you all and make the 60th reunion. This years time was 48 minutes. No time for a nap since we are off for a day in Southern Vermont including a concert at Okemo Resort this evening under the stars.

37. 55:10 - Judy Smith Noren

It was a beautiful, cloudless, 70 degree morning in Green Valley, AZ. at 6am. I was able to better my swim time by a several seconds this year with a 55:10 minutes for the mile.

38. 2 hours – Barb Fossum Mutz

We walked for 2 hours in the southern 16th Arrondisement in Paris--think Hector Guimard and Corbusier rather than Haussman because this section of Paris joined the city after Haussman's time. No idea how long a walk, but has to be more than a mile. Then ate salads (are we healthy, or what!) How can the French have lettuce that has so much more flavor than in the US? They ship things in from Spain, Morocco just like we ship things around. Remains a mystery to us how they can have such fresh tasting everything...a mystery we are willing to enjoy!

38. 2 hours – Gary Mutz

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38. 2 hours - Meribeth Fyler Jones

I had to forgo the Glen Ellyn Lake Ellyn walk due to previous surgery, humidity and the wish to see my foster mom cat give birth to the giants in her tummy. No kittens yet, but I

did walk my mile cleaning pans and picking up after the 6 kittens I'm fostering, plus one more pregnant mom cat. I'll guess the mile in, say, 2 hours.

Hope to see some Phoenix-area 59ers at a meet and eat sometime. I'm in the booklet. Let's try for a February date.

41. 10 hours – Jeff Baker

Have to admit..Working at Nordstrom Oakbrook does me in as far as exercise..Im sure I walked at least a mile selling Suits on the 15th..and it took me al day.put me down for 10 hrs,,and i will be sure to beat that next year..Need a Sportcoat?? come see me.

42. 10 days – Mike Hoy

I have labored over how I will complete "The Glenbard Mile", I have mobility problems and cannot complete a whole mlie at once, even if I walk, skip or shuffel. The one activity I seem to be able to do with regularity is a trip to the bathroom. a round trip is 55.6 feet which means it will take 96.7 trips to complete my mile. With an average of ten trips per 24 hours, starting today, I will complete my mile the afternoon of July 24th. To complete the rcord it is now 78 degrees and 26 percent humidity outdoors, since we have indoor plumbing it is 72 degrees and 39 percent humidity where I will complete my mile

Disabled List

Jim Undem

I am unable to compete this year due to some non-threatening physical issues. However, I have instead re-played in my mind many miles of memories and am unsure how to score that. This year I counted and divided the email list into 3 categories, 1) Those who I could remember and put a face with the memory; 2) Those whose names were very clear, but no immediate face recognition came to mind; and 3) Those which I had not a clue. The category scores were, 1) 53%; 2) 74%; and 3) 26%.

I took out my trusty '59 Pinnacle and put names and faces together for all that were in question. I re-read all the notes that were written inside some 52 years ago. We certainly lived in a different and most wonderful era and should all be thankful for it. Thanks for the mental miles today as it has made me smile all day. My kids could never believe some of the "memories" that were written inside the yearbook. Took the 5th on a couple!

Sherry Rogers Williamson

I can,t participate this year due hip surgery in May--repair of a tendon tear--12 weeks in a brace and minimum weight bearing on that leg--3 more weeks to go!!! However, I can't tell you all how much I have enjoyed all of the banter and comments from everyone--I have laughed alot, and thought of wonderful memories!!! Thanks, Tom for organizing again this year. Oh, Tom--we, too, have planned a family vacation the end of Aug. for our 70th year. Looking forward to a week on Trout Lake north of Minocqua, WI. with the kids and grandkids.

Becky Bullitt Gelhaar

My knees prevent me from participating this year but I will probably do a mile preparing for our party tomorrow for 55 people. I am really enjoying all the clever banter from our 1959 classmates. Now I know why I am so proud to be a member of the class of '59.

No Distance

Neal Whitecotton
Reporting a beautiful summer day at Lake Ellyn, 73 degrees at 8:30 am. Don't have humidity number, but it is extremely comfortable here today. My good wife and I strolled the perimeter of said Lake in 12+ minutes. It's not a mile, so I do not quality for medal awards. But a very enjoyable morning walk complete with 50+ years ago memories. (sentence fragment per Mrs. Kronsagen) Bonnie, you got me. Good job, timing the second mile today. I'm impressed. Dick, you have thrown what few functioning brain cells I still possess into a veritable vortex of dazzled confusion. What did you say?

No Time

Nancy Schanlaber Franck
I had a senior moment today and forgot until later in the day that it was the Big Day - the 15th. Already I did a 45 min. step class followed by a power flex class. This was followed by 4 hours with the "grands" at the beach. I did walk there for over two hours BUT it was a slow meandering down the beach looking for sea glass and then carting drift wood to build a neat hut with the kids. Finally home, to relax and have a glass of chilled white wine and check my emails. Not wanting to give in to that age I am closing in on, I got the body out of the chair,walked over to the high school and walked the track for just a mile. Does that mean I can treat myself to a nice yummy dessert tonight? Hope all is well with you all. Shon (Nancy Schanlaber Franck)

John Zorn
Tom, we have had family schedules hamper the run for me this year. I did go Ball seed companies large display garden area with Macie. I can't take any credit for running, but the 2-3 mile walk was taken with thoughts about you all and how did we make it to 70. What we have survived, Viet Nam, tough business times, attack on our country. But the good part is Grandchildren to bring a smile on our faces.

No Time – No Distance

Nancy Fricke Johnson
We just returned from a 3 week trip to Chicago where SENILITY set in, and I forgot to do the walk on the 15th!!! I was too busy socializing!!! I am having so much fun reading all of the e-mails from the Invitational!! Please count me in for next year. Thanks for organizing this wonderful event! It is a great way to keep in touch with our great Class of 59!!! Best wishes from The Woodlands, TX!!!

Esther (Houlder) Charlton
It has been great reading everyone's experiences. As I have read thru them, a couple of thoughts, I have for all of you.

First, Tom you need to write up this unique event and submit it to a magazine, like Readers Digest or the AARP magazine, which I am sure we all receive. Write it up and email it to a couple of your cohorts for their approval. Maybe, there might be another magazine for which it could be submitted. Maybe even an article in the Glen Ellyn News.

Second, let's have a reunion on this weekend next year. By that time we all will be seventy and a time to celebrate. It will be the "Septuagenarian Reunion."

As I still work, and at Lowe's, I have time for creative thinking between customers. Some ideas regarding a reunion this weekend next year. The 15th is on Sunday, so the reunion could be capped off on Sunday morning with everyone meeting at Lake Ellyn and walking around the lake or even the track. Has anyone figured out how many times around the lake equals a mile?

Some other ideas for a reunion, this time next year, would be a group outing to Arlington Park, or Brookfield Zoo. Even going to a Cubs or Sox game depending on who is in town.

We are 70 - Time to Celebrate

Marybert Buethe Carveth
my 70th birthday was in april my brother randy and his wife (from virginia) and my sister ellen and her husband (from denver) and my brother doug and sue (from winfield) arrived here in glen ellyn as a surprise to take me to dinner! dick, i wish your daughter's place had been open then! it was a loud and wonderful time, but the bigger surprise was that my daughters gifted me a visit (with them, of course!) to a cooking school in provence over bastille day. wish i knew where barb and gary are! after a long flight, i will be thinking of you all, will be walking a lot, but probably will not time a distance. when i am at home, i walk each day about three miles with my ginger, a golden retriever. the last time we were timed, though, was last year! add a little to whatever that was! meilleurs souhaits!

Steve Capel
This year I will have an excuse for my slow time. We will be moving on the 15th, and I figure that I will cover some 3-5 miles in 10-20 yard "bursts" carrying anywhere from 15-75 pounds per "burst." So my time won't be spectacular! My back will ache (if it holds up) and you will probably find me down at the rehab center that evening. I will be thinking of you all, posting your spectacular times, crusing along the road/track unburdened. Will not be able to post my time, as I am absolutely certain that my priority will not be to get a computer hooked back up that evening.

Nancy Fricke Johnson
I wanted to let you all know that Margie Shaw Stoll participated in the Senior Games here in Houston a couple of weeks ago. She made us all proud by winning ALL 4 of her races with 100 degree heat and high humidity! She is AMAZING!!!!

I look forward to taking my walk July 15th on the beach by Lake Michigan, hopefully a little cooler than last year walking in the The Woodlands, TX. We will be up in Wilmette for a couple of weeks reconnecting with friends, visiting our favorite spots in Chicago, and eating pizza!

Arlene Kirkie Morrisey

We have a huge family reunion going on right now, so this year I was unable to be involved – but count on me for next year! Thanks! Kirkie

Bob Brunk
Thanks for including me! Keep me on the list for future events.

Judy Iden Hesrick
Hi Tom--thanks for coordinating this. I love reading the different comments of old classmates. Would you please add me to the e-mail list?

No Mail

Joni Paulsen Fuchs
I will not be participating, and considering the volume of e-mail this generated last year, (in addition to the business e-mail I get) I've decided to respectfully request that you take me off this list for the race. Have fun and thanks for doing this!

Dennis Achilles
Tom .. I will not be participating this year ... actually, I hardly did last year ... and I hope you wouldn't mind taking me off the mail list ... as you well know, it generates a lot of emails ... Thank you for including me .. and, thank you taking me off .... I would hope to go to a reunion once though .. missed the last one ..

No Clue

Wendy John
P R I C E L E S S.....

No Response

Betty Rawaillot Miller
Beth Lewis
Chuck Gelhaar
Dick Fish
Forrie Adolphson
Hank Vanderleest
Janet Thebaud Gillmar
Joe Petter
John Pond
Louanne Menke Severson
Mike Wright
Pete & Carolyn Horan
Ruth Steele Rice
Shirley Unrath Baker

No Good Email Addresses

Barrie Burr (Good

Bruce Thatcher
Sue Wallace Burwell
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